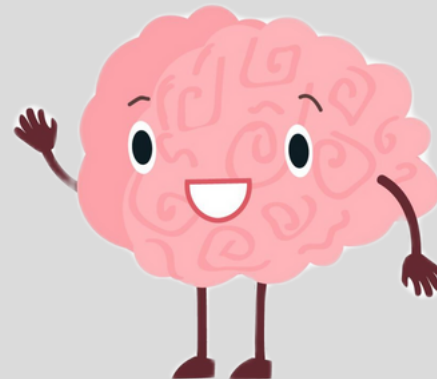
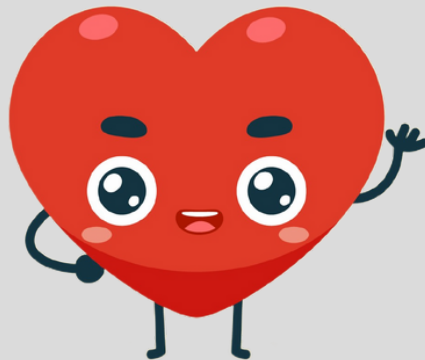


# How do you feel?

*The story of Hearty and Brainy*

4th Issue



**EQstudents**  
Emotional Intelligence  
The mind that feels



**Co-funded by  
the European Union**



**Project No: 2021-1-PL01-KA220-SCH-000029785**

## **Project Partners:**



**Polska Fundacja Ośrodków  
Wspomagania Rozwoju Gospodarczego  
„OIC Poland” w Lublinie**



**CENTRE FOR COMPETENCE  
DEVELOPMENT CYPRUS**



**ASOCIAȚIA DE  
TERAPIE  
FAMILIALĂ ȘI DE  
CUPLU  
TIMIȘOARA**



**Szkoła Podstawowa nr 38  
im. Henryka Sienkiewicza  
w Lublinie**

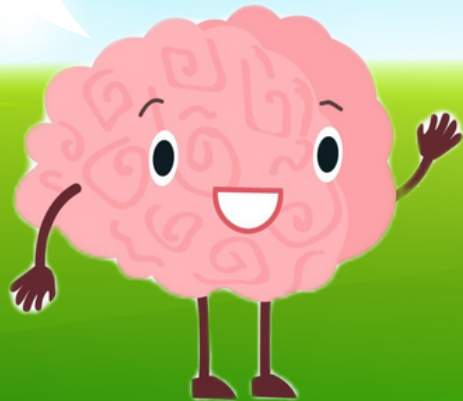
## **Credits:**

**Hearty pictures: designed by DrawingMyDiary – Freepik.com**

**Brainy pictures: Natalia Darmoroz / Alamy Stock Vector**

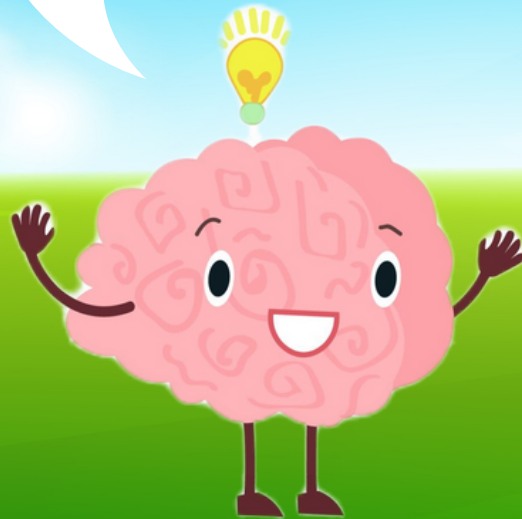
**Spring Field Background: image by Zaie – Freepik.com**

**Hearty, isn't it amazing how  
everything comes to life in spring?  
Look at all the flowers blooming!**



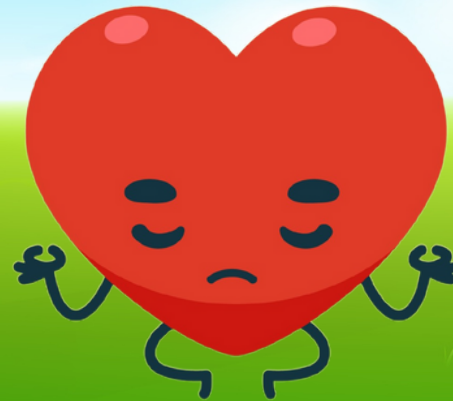
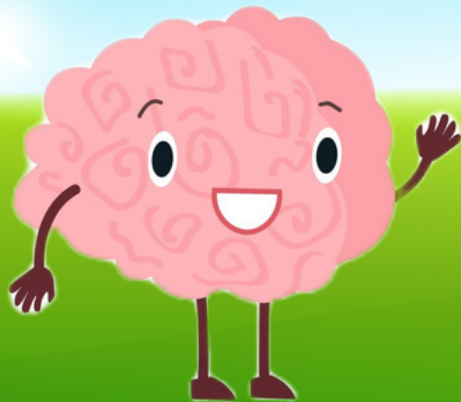
**Yeah, it's like the whole  
world is waking up from a  
long nap. I love it!**

**You know, springtime  
reminds me of something  
important.**



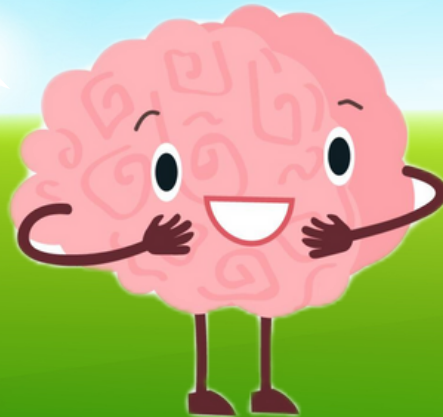
**What's that,  
Brainy?**

**Well, it's about being aware of how we treat nature and the creatures that live in it. That's called social awareness, right?**



**Hmm, I think social awareness is more about how we treat other people, like being kind and understanding.**

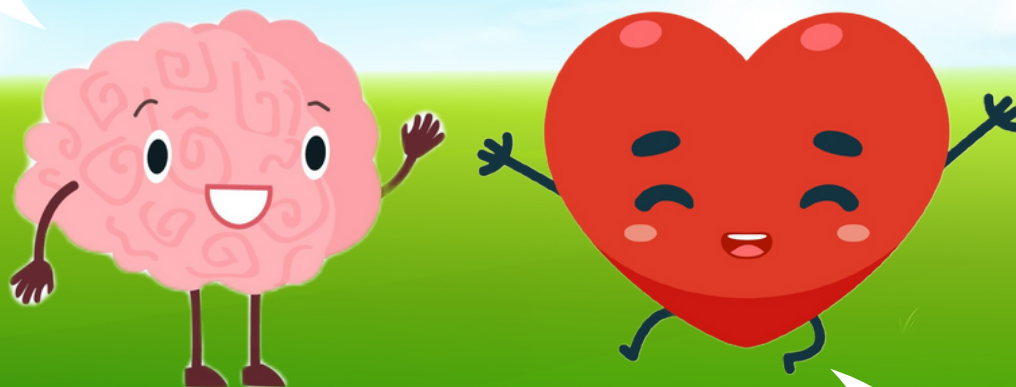
**That too, but it's also about caring  
for the world around us. Like not  
picking all the flowers or being  
careful not to step on bugs.**



**Oh, I get it! It's like being aware of  
how our actions affect everything  
and everyone, not just people.**



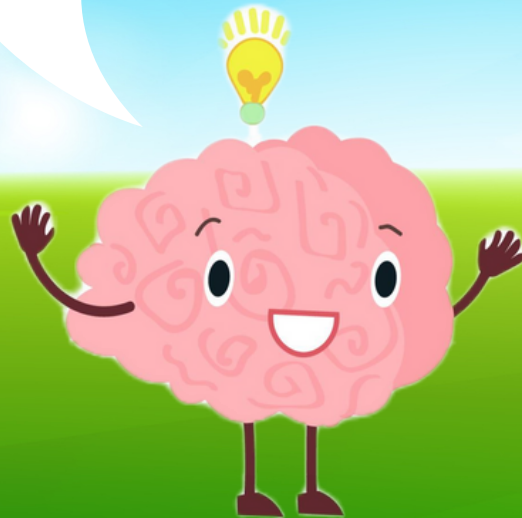
**Exactly! And it's important because when we take care of nature, it can keep giving us beautiful things like flowers and fresh air.**



**I never thought about it that way before. Thanks for teaching me, Brainy!**

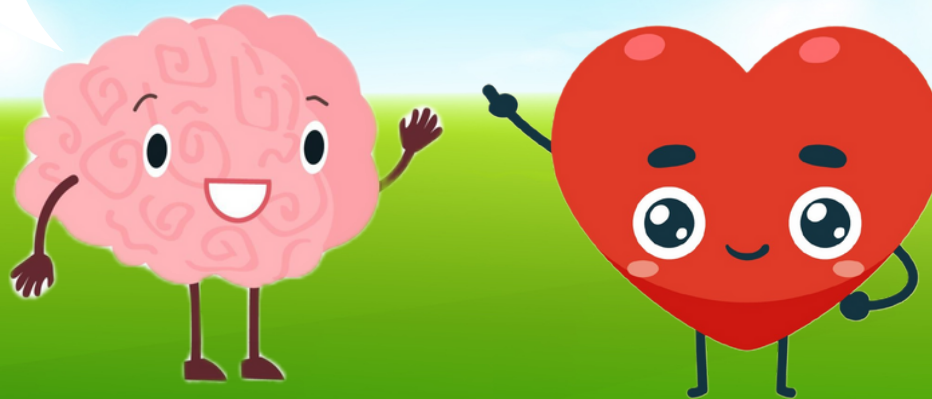


**No problem, Hearty. Hey, do you want to help me pick up some litter we see around the meadow? It'll help keep this place clean and safe for all the creatures living here.**



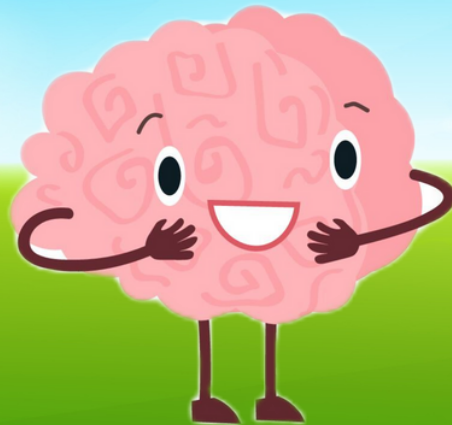
**Absolutely!  
Let's do it!**

**Thanks for helping, Hearty.  
Together, we can make a  
difference, no matter how small.**



**Yeah! And I'm going to tell my  
family and friends about what  
we did today. Maybe they'll want  
to help too!**

**That's a great idea, Hearty. The more people who care, the better we can take care of our world.**

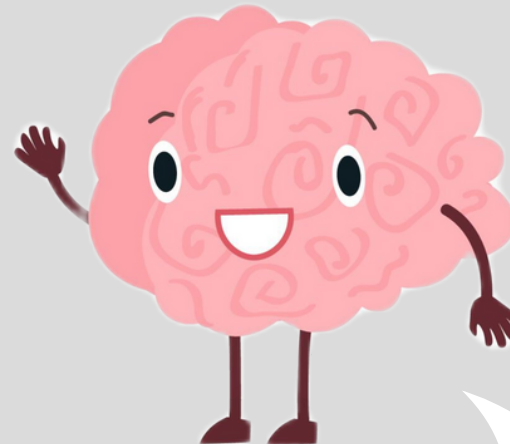


**You know you can count on me, Brainy!**

**To be continued...**



**Hey! Can you think of a time when  
you took some of your free time to  
do something for the greater good?**



**Stop for a moment and think.  
See you next time!**

